WOMEN FROM 45 to 55 TESTIFY

To the Merit of Lydia E. Pinkham's Vegetable Compound during Change of Life.

Westbrook, Me. - "I was passing through the Change of Life and had pains in my back and side and was so



I have taken Lydia E. Pinkham's Vege-table Compound and it has done me a lot of good. I will remmend your medicine to my friends and give you permis-sion to publish my

testimonial." - Mrs. LAWRENCE MAR-TIN, 12 King St., Westbrook, Maine.

Manston, Wis. - "At the Change of Life I suffered with pains in my back and loins until I could not stand. I also had night-sweats so that the sheets would be wet. I tried other medicine but got no relief. After taking one bot-tle of Lydia E. Pinkham's Vegetable Compound I began to improve and I continued its use for six months. The pains left me, the night-sweats and hot flashes grew less, and in one year I was a different woman. I know I have to thank you for my continued good health ever since." - Mrs. M. J. BROWNELL, Manston, Wis.

The success of Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, is unparalleled in such cases.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman, and held in strict confidence.

900 Drops

ALCOHOL-3 PER CENT AVegetable Preparation for As-

similating the Food and Regula-ting the Stomachs and Bowels of

INFANTS CHILDREN

Promotes Digestion, Cheerful-

ness and Rest Contains neither

Opium, Morphine nor Mineral

Recipe of Old Dr.SAMUEL PITCHER

Aperfect Remedy for Constipa-tion. Sour Stomach, Diarrhoea

Worms Convulsions Feverish-

ness and Loss of SLEEP.

Fac Simile Signature of

Galf Fletator.

THE CENTAUR COMPANY

NEW YORK.

Att months old

35 Doses - 35 CENTS

sugranteed under the Foods

NOT NARCOTIC

Pampkin Sood -Alx Sonna -Michelle Salts -gnice Sood -

Young English Author Especially Gift, ed With Talent Along Many Lines Other Than Writing.

Eldrid Reynolds, the young English woman who is the author of the novel "Whispering Dust," belongs to an old Yorkshire family, and numbers among her ancestors Elizabeth Fry, the prison reformer, the poet Bloomfield and James Ward and George Moreland, both noted as painters. Miss Reynolds spent her childhood on the wide, heather-covered Yorkshire moors and the wild Cornish coast. The passion for space, freedom and the immensities which she voices in "Whisher early environment,

The book itself is the result of a Egypt, but the heroine, who after wich. thirty years of cramping duties as "a curate's daughter and a curate's niece" longs to accomplish something, can by no means be identified with the author. Miss Reynolds has accomplished a great deal in less than thirty rears. She created stories before she could read; wrote, acted and produced plays for home and school before she reached her teens; published her first story at sixteen and her first novel, "Red of the Rock," at twenty. She has a decided talent for drawing and singing and her favorite recreations show that she can be by no means a dreamer. Among them are riding, sailing, fishing, dancing, winter sports, caravaning, amateur theatricals, photography, painting, drawing and sing-

Temporarily Without Reason. Parent-What is your retson for wishing to marry my daughter? Young Man-I have no reason, siri

Many things would go without saying if people had wisdom enough to

The Kind You Have

Always Bought

Use

For Over

increasing

and flavor.

THERMOS oven, which gives you a splendid range and a fireless cooker combined.

Valuable Cook Book, 5 cents. This sum is simply to cover mailing. 72 pages of the latest recipes and ways of serving. Address

The Standard Oil Company, Chicago, III,

Thirty Years

Bears the

Signature

of

BOTH VERSATILE AND STRONG MAKES A WHOLESOME SWEET

Fruit Candy May Be Eaten by Children Until Even Their Appetites Are Satisfied.

One cup figs, one cup raisins, one cup dates, one cup prunes, two cups

Wash figs and raisins, wash and stone dates and prunes. Add nutmeats. Put all through the food chopper. email amount of citron, candied lemon or orange peel may be added if desired. The mass may be easily kneaded after grinding and formed into a loaf. This fruit loaf may be used in many ways. A quantity may be worked into a roll about two inches thick. It can pering Dust" is doubtless the result of be sliced in thin slices and used as a dessert, or it can be spread very thinly between slices of graham or brown winter on the Mediterranean and in bread, and makes a delicious sand-

> Some of it can be made into little balls, rolled in powdered sugar and eaten as candy. The little balls can be ornamented with glaced cherries, nuts or pieces of candied pineapple. Some balls may be dipped in chocolate and others in plain or colored fondant, which has been melted in a double botler. Children can eat plentifully of this sweet and never have bad effects. This is a natural sweet, and not only wholesome for the children, but for the adults as well.

TRY THIS PARCHED POPCORN

Different From the Ordinary Method and Will Be Found Really Worth While.

Parched Popcorn—You will find this not only delicious, but quite different from the ordinary popcorn.

Place in an iron frying pan over a gentle heat a cupful of popcorn just removed from the ear; stir constantly with a fork so as to keep the grains moving. Be careful that the fire is not too hot, as the corn might then become scorched. Continue to parch the corn in this manner until the grains are puffed up and are almost round, besides being colored a delicate brown. Put the corn into a large bowl and pour a generous quantity of melted butter over it, stirring it so that the butter coats the grains evenly. Then salt the corn as soon as it is buttered, so that the salt may cling

Home-Made Sideboard.

Here is a way of making a sideboard from an old washstand. Take out rail from top, then measure the two upright pieces and get two turned the same length and four pieces three inches shorter. Have two shelves made with grooves three inches from back, so these can be used to stand up pretty plates. When finished fasten cleats on the inside of first uprights so that when shelf is fitted it will come even with the top of pieces. Screw the shorter pieces onto the first shelf before setting on cleats, then fit on top shelf. Have fronts and ends rounded on the shelves. Then stain all new parts same color as the rest. then give a coat of varnish to all. When done you have an "Old English" style of buffet or sideboard for very little expense.

Cream of Lettuce Soup.

The outer green leaves of lettuce are simmered in barely enough water to cover them till they are tender enough to go through the puree sieve or colander; they are added to the hot milk and seasoning, slightly thickened and then strained; the result is a light green cream of delicate flavor. in New York figures that the natives Escarole, chicory, sorrel, parsley, spinach or any of the green things on this order may be used in the same way. One pretty little touch is sometimes given to these soups—one small carrot is cooked and minced very fine or put through a coarse colander and when the soup is ready to serve this is scattered over the

Good, Simple, Brown Bread,

One cup each Indian, rye and grahars meal, one cup molasses, one handful raisins, one teaspoon saleratus and a pinch of salt.

Moisten with enough cold water to make fairly soft batter; mix well and place in well-greased pail or can (cov-

Place in covered kettle with boiling water, enough to reach top of can and steam two and a half hours. Remove from can immediately.

This recipe has been used for 15 years and if made as directed will never fail.

To Wash Silk Underwear.

Now that silk underwear is worn so extensively, it behooves the owner to see that it is washed properly. When washing white silk garments soap should not be rubbed on them, and pure white soap rather than yellow should be used for the suds. Rinse very thoroughly in cold water after rubbing in lukewarm suds. Iron with only a moderately warm fron and cover the silk with a piece of muslin so that the iron will not come in contact with the silk.

Do You Know? Did you know that you can use the water you boiled the plain rice in for

starching white things? Or, that, if your oven will not brown your pastry as well as you would like it to, you can remedy matters by placing the cakes or tarts on the upper tray and throwing a little sugar on to

the floor of the oven? Or that mustard is best when mixed with a pinch of salt in water that has holled and been allowed to cool?



thing undesirable is kept completely away from the fresh pure beneficial dainty inside.

So give constant and delicious aid to your teeth, digestion, breath and appetite with the gum with the "Seal of Purity."

VRIGIEV'S PEARMIN BUY IT BY THE BOX

for 85 cents at most dealers. Each box contains twenty 5 cent packages. They stay fresh until used.

Chew it after every meal

Be SURE it's clean, pure, healthful WRIGLEY'S.

Million a Night for Fun.

Dinners, \$125,000; suppers and wine,

\$125,000; theaters, \$175,000; taxicabs,

\$100,000; hotels, \$175,000; cafes, flowers and other incidentals, \$300,000

"If there isn't a million spent in the

Broadway district in a night," he

He Understood.

"And observe that we never let him

"I understand; he is so young!"-

Natural.

Nell-Yes, natural result of the

country home."

ourly?

curling iron.

talk to me today-Judge.

play except in the minor."

Look for the spear.

THE

A million dollars a night. That's what a proprietor of a Broadway hotel and visitors spend for revel and pleasure. It sounds fanciful, true. But here's how he spends the million:

HORSE SALE DISTEMPER You know what you sell or buy through the sales has about one chance in fifty to escape BALE STABLE DISTEMPER. "SPOHN'S" is your true protection, your only safeguard, for as sure as you treat all your horses with it, you will soos be rid of the disease. It acts as a sure preventive no matter how they are "exposed." 50 cents and \$1 a bottle; \$2 and \$10 dozen bottles, at all good druggists, horse goods houses, or delivered by the manufacturers.

SPOHN MEDICAL CO. Chamists and Sactestales its course true. SPOHN MEDICAL CO., Chemists and Bacteriologists, GOSHER, IND., U. S. A.

Make the Liver Do its Duty

Nine times in ten when the liver is right the stomach and bowels are right. adds, "what is left wouldn't enable a man to have a steam yacht and a CARTER'S LITTLE

LIVER PILLS Gossip.

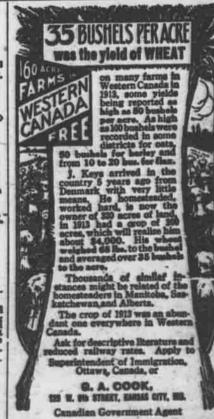
Lou—I saw Ethel yesterday, and the loveliest confidential chat

Gently but firmly compel a lazy liver to do its duty.

Cures Conwe had the loveliest confidential chat Cures Lucy-I thought so; she wouldn't

SMALL PILL, SMALL DOSE, SMALL PRICE." Genuine must bear Signature

Belle-Is that girl's hair naturally \$3.00 A DAY and Over Paid Hon and Won



Disease germs are on every hand. They are in the very air we breathe. A system 'run down' is a prey for them. One must have vital force to withstand them. Vital force depends on digestion—on whether or not food nourishes—on the quality of blood coursing through the body.

DR. PIERCE'S Golden Medical Discovery

rengthens the weak stomach. Gives good digestion. Enlivers the egish liver. Feeds the starved nerves. Again full health and strength urn. A general upbuilding enables the heart to pump like an engine ning in oil. The vital force is once more established to full power. Year in and year out for over forty years this great health-restoring nedy has been apreading throughout the entire world—because of its lity to make the sick well and the weak strong. Don't despair of eing your old saif again." Give this vegetable remedy a trial—Today low. You will con feel "like new again." Sold in liquid or tablet form by aggistsortrial bax for libely mail. Write Dr. E. V. Pierce, Buffalo, N. J.

FREE TO ALL SUFFERERS



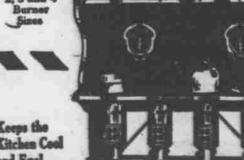
The NEW PERFECTION To cook over a stifling, exhausting hot coal range during the Wick Blue Flame cook stove has a fine cabinet top with warming shelves, and a portable oven that does the best baking and roast-

summer is misery that no woman need endure. The NEW PER-FECTION Wick Blue Flame cook stove does the work of ing you ever tasted. Special patany stove ever made,

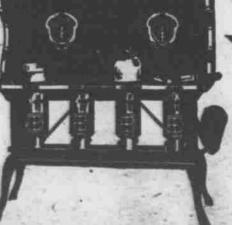
New-Perfection broils on both sides at once, while keeping your kitchens Let your dealer show you the different sizes—two, three and four burner. Ask especially to see the NEW PERFECTION Range with

Burns clean, convenient, ecomomical oil, no dirt, work or trouble. Soon saves its cost in fuel bills. Operated exactly like gas without the expense, none of

the dangers of gasoline.



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